

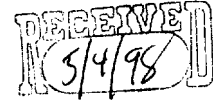


Science in the pursuit of health through natural ingredients.

URINOZINC PROSTAHELP
HAIR HORMONEHELP
PROSTA POTENCY PLUS
COLON - HELP
OPTIMUM ENERGY - ANTIOXIDANT FORMULA

7897 '98 MAY 11 P1:51

May 1, 1998



Office of Special Nutritional (HFS-450)
Center for Food Safety and Applied
Nutrition
Food and Drug Administration
200 C Street, S.W.
Washington, D.C. 20204

**NOTIFICATION OF STATEMENTS
OF NUTRITIONAL SUPPORT**

This notification is filed pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C. § 343 (r)(6).

Name of supplement	Colon-Help
Dietary ingredients	Psyllium seed husk, Vitamin A, Vitamin B6, Folic acid, Vitamin B 12, L-glutamine, Ginger root, Lactobacillus blend, Citric Acid.
Statements of nutritional support for the supplement	<ol style="list-style-type: none">1. A dietary supplement that promotes health in your colon and digestive system.2. Some of the ingredients in this unique formula have been used for many centuries by ancient civilizations to help the digestive system.3. The original Colon-Help Dietary Supplement is a natural psyllium fiber formula that can help maintain colon health and also promote a healthy digestive system.4. The action of this fiber in combination with other natural ingredients helps to normalize elimination of accumulated debris helping the digestive system,5. Taking Colon-Help regularly will help in keeping a healthy colon and digestive system

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6. Encourages proper and regular elimination, promotes the growth of friendly bacteria and better digestion.
7. Psyllium improves the peristaltic movement in the intestines.
8. Psyllium helps to activate the transit of the feces, thereby promoting regularity.
9. The regular intake of soluble fibers helps maintain a healthy circulatory system.
10. Ginger generates beneficial actions in the digestive system, soothing and calming.
11. Citric acid helps to maintain an acidic environment, especially in the colon or large intestine, helping the development of a more beneficial intestinal flora.
12. Everyday new discoveries show how important a healthy intestinal flora is for keeping healthy. Lactobacillus Blend generates great beneficial actions in this area.
13. A special combination of Lactobacillus Blend to help improve the intestinal flora.
14. L-glutamine helps to improve digestion when a person is under stress. Prolonged stress can affect the gastrointestinal mucosa.



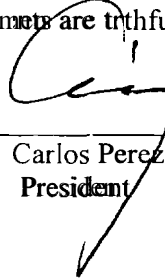
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15. Addition of glutamine to the nutrition regimen may balance glutamine concentrations in blood and tissues, increase the cellularity of gut mucosa, and support renal ammonia genesis.

I certify that the information contained in this notice is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

By



Carlos Perez
President